

Drifffield Junior Amateur Swimming Club

Welcome to Drifffield Junior Amateur Swimming Club.
We are a competitive swimming club, training 4 times a week at Drifffield Leisure Centre.

If you are interested in joining our club the entry criteria is:

- ✓ Must be able to swim 100 metres (4 lengths) in 3 different strokes (free, breast, back)
- ✓ Must be able to attend training regularly and be willing to compete in galas when required
- ✓ Should have reached Grade 7 within swimming lessons or same ability as Grade 7
- ✓ Try/trial session Saturdays 4pm - 5pm. Ring Stewart or Cathy to arrange a date.

Our training times are:

Monday 5.30pm - 6.30pm

Tuesday 5.30pm - 6.30pm

Thursday 5.45pm - 7pm

Saturdays (unless there is a competition) 4pm - 6.30pm

(Junior Swimmers 4pm - 5pm only)

Please feel free to contact the following swimming coaches for further information:

Josh Simons (Senior Coach) Tel: 07939205743

Jeremy Palmer (Senior Coach) Tel: 01262 490436

Stewart Blackburn (Junior Coach/Swimming Teacher) 01377 257480

Cathy Birks (Junior Coach) Tel 01377 256437